

10th ANNIVERSARY



OCTOBER 2, 2010
9:30 AM
LOCKPORT MENNONITE
CHURCH
STRYKER, OH

Registration/Check-In
Lockport Mennonite Church
begins at 8:30 am

Door Prizes will be drawn for participating
runners & walkers
MUST BE PRESENT TO WIN!!

Come Enjoy A Full Day of
Heart Healthy Fun!!
***Post race refreshments for**
all participants*
Free Blood Pressure Checks
Free Blood Sugar Checks
Heart Health Displays

Entry Fees
\$15.00 pre-registration (rec'd by Sept 24)
\$20.00 after Sept 24 or day of event
\$10.00 for Kids Fun Run with T-Shirt
Free for Kids Fun Run without T-Shirt

Awards
Top Overall Men & Women in
10k & 5k Run / 5k Walk
10k & 5k runner and walker finishers in the
following age groups :
10 & under; 11-14; 15-19; 20-29; 30-39;
40-49; 50-59; 60-69; 70 & up

NO DUPLICATION OF AWARDS

10k Run * 5k Run * 5k Walk * Kids Fun Runs

For more information please contact Rachel @
the Fulton County Health Department:
419-337-0915 rachel.kinsman@odh.ohio.gov
www.fultoncountyhealthdept.com

Pick up registration forms at health dept. office, county libraries, any sporting/
fitness facility or online at the address above



A Great FAMILY Event!!!