# Ohio WIC Prescribed Formula and Food Request Form



All requests are subject to WIC approval and provision based on program policy and procedure. Medical documentation is <u>federally</u> required to issue special formulas. Please complete sections A-D of this form in full.

#### A. Required Patient Information \_\_\_ Date of Birth:\_\_ \_\_\_\_\_ Weeks Born Early (if applicable):\_\_ Patient's Name: Parent/Caregiver's Name: Length\*:\_ Medical Diagnosis/Condition:\_ (Medical diagnosis must be specific and correlate to the requested formula.) B. Required Special Formula Information \*\*Select the top 2-3 formulas that meet the participant's needs indicating 1st, 2nd, and 3rd recommended formulas. Amount of formula to be provided per DAY (must be measurable):\_ Special Instructions/Comments:\_ Intended length of use: 1 month 2 months 3 months 4 months 5 months 6 months (maximum) Has a trial with Enfamil Infant, Enfamil Gentlease, Enfamil Reguline, or Enfamil ProSobee been completed?: 🗌 Yes 🔲 No If "No," please indicate why: ■ \*Or store brand equivalent Infants\*\* Alfamino Infant Enfamil Premature 24 Calorie ☐ Neocate Syneo Infant ☐ Similac Alimentum\* ☐ EleCare for Infants Fortini Nutramigen ☐ Similac Human Milk Fortifier ☐ Enfamil AR Gerber Extensive HA ☐ Nutramigen w/ Probiotic LGG\* (powder only) Similac NeoSure Enfamil NeuroPro EnfaCare ☐ Neocate Infant w/ DHA & ARA Similar PM 60/40 Pregestimil ☐ PurAmino DHA/ARA Enfamil Human Milk Fortifier Neocate Nutra (≥ 6 mo. age) Similac Special Care Premature 24 Calorie \*Or store brand equivalent Children\*\* Alfamino Junior Compleat Pediatric Standard 1.0 Neocate Junior (unflavored only) PediaSure 1.5 Cal Peptamen Junior w/ Fiber ☐ Boost Breeze Compleat Pediatric Standard 1.4 ☐ Neocate Junior w/ Prebiotics PediaSure 1.5 Cal w/ Fiber Peptamen Junior PHGG ☐ Boost Kid Essentials 1.0 Cal ☐ EleCare Junior ☐ Neocate Nutra PediaSure Enteral Pregestimil Boost Kid Essentials 1.5 Cal Encala ☐ Neocate Splash PediaSure Enteral w/ Fiber PurAmino Junior Boost Kid Essentials 1.5 Cal w/ Fiber EquaCare Jr. Nutramigen PediaSure w/ Fiber ☐ Similac Alimentum\* Carnation Breakfast Essentials Essential Care Jr. ☐ Nutramigen w/ Probiotic LGG\* PediaSure Harvest Similac PM 60/40 (powder only) Compleat Pediatric ☐ Kate Farms Pediatric Peptide 1.0 PediaSure Peptide Super Soluble Duocal Compleat Pediatric Peptide 1.5 Cal ☐ Kate Farms Pediatric Peptide 1.5 ☐ Nutren Junior PediaSure Peptide 1.5 Cal ☐ Nutren Junior w/ Fiber Compleat Pediatric Reduced Cal ☐ Kate Farms Pediatric Standard 1.2 Peptamen Junior Kate Farms Standard 1.0 PediaSure Peptamen Junior 1.5 Cal Women ☐ Boost Carnation Breakfast Essentials ☐ Encala Ensure ☐ Kate Farms Standard 1.0 Boost Breeze Super Soluble Duocal For PKU and Metabolic Needs: WIC collaborates with the Ohio Metabolic Formula Program which supplies certain metabolic formulas prescribed by an Ohio Department of Health (ODH) approved metabolic service provider. A separate form must be completed. Please contact your WIC office for more information. C. Required Supplemental Food Information WIC health professional will issue age appropriate supplemental food unless indicated below. ☐ No WIC supplemental foods: provide formula only. Issue a modified food package **OMITTING** the supplemental foods checked below: Infants (6-11 months): ☐ Infant cereal ☐ Infant fruits and vegetables Children and Women: $\square$ Milk ☐Juice ☐ Breakfast cereal ☐ Whole grains ☐ Fruits and vegetables Beans ☐ Peanut butter ☐ Eggs Cheese ☐ Fish (fully breastfeeding women only) ☐ It is medically warranted for this patient to receive the following foods in addition to special formula: □ Whole milk □ Whole low lactose/lactose free milk D. Required Health Care Provider Information Prescribing Health Care Provider's Name (please print): Phone: Prescribing Health Care Provider's Signature: Date:

## Instructions for use of this form:

All special formula requests are subject to WIC approval and provision based on program policy and procedure. Medical documentation is <u>federally</u> required to issue special formulas.

### Section A

Section A must be completed in full for all patients. Medical diagnoses or conditions must be specific, and correlate with the indications for use of the requested formula. Special formulas cannot be provided by WIC solely for the purpose of enhancing nutrient intake or managing body weight. Pediatric beverages cannot be issued solely for the following: a child refuses to take a multivitamin; a child is a picky eater; a child is underweight, but is not diagnosed as having failure to thrive, and the diet can be managed using regular foods; a child is assessed to be at risk for or is overweight; or, a child is assessed to be at an average Body Mass Index.

## **Section B**

Section B must be completed for all patients.

- The amount of formula provided per day must be measurable. Quantities such as "maximum," "prn," or "as needed" will not be accepted.
- The space for special instructions or comments can be used as needed. An open line of communication to the local WIC office is encouraged by including more information in this area, which may lead to more timely approval of the special formula requested.
- Please note that if a ready to feed (RTF) product is requested, it will require additional justification and will need to meet WIC standards. RTF products can be provided if the water supply has been determined to be unsafe; the ability of the caregiver to properly mix concentrate or powder formula is in question; for premature, low birth weight, or otherwise immunocompromised infants; or the participant has a medically relevant health condition which necessitates the use of RTF formula (i.e. continuous tube feeds). RTF formula cannot be issued for basic tolerance issues or participant preference.
- An intended length of use must be indicated. Six (6) months is the maximum length of time WIC can provide a special formula without a new Ohio WIC Prescribed Formula and Food Request Form.

## Section C

If Section C is not completed, the WIC Health Professional will issue a food package as appropriate based on objective interview and patient preference. However, if whole milk or whole low lactose/lactose free milk are to be provided, the prescribing health care provider must indicate that in the bottom part of Section C.

## Section D

Section D must be completed in full for all patients. Only a physician, physician's assistant, certified nurse practitioner, clinical nurse specialist, or certified nurse midwife may sign off on this form. No other health care providers are authorized to sign. Prescribing health care providers must clearly print their name *in addition to* their signature or signature stamp. The date the form was signed must be provided.