Williams County Health District

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Other areas in

This increase in

Community Talking Points January 12, 2022

Williams County (WC) Data: January 4th – January 11th				
274 New Cases	3 COVID-19 Hospitalizations	5 Deaths Reported (sometimes delayed due to ODH death reporting system change)	45.96% Completed 1st Dose of COVID-19 Vaccine	CDC Level of Community Transmission: RED – HIGH
#83 Williams County's Rank (based on cases per capita in 88 counties in Ohio)	790.4 – high incidence WC Cases Per Capita (new cases per 100,000 population over 2 weeks)	1818.8 Ohio Cases Per Capita (new cases per 100,000 population over 2 weeks)	42.38% Completed COVID-19 Vaccine Series	

- The FDA and CDC updated COVID-19 booster recommendations. Those who received Moderna (18+) or Pfizer (12+) vaccines are eligible to receive the booster vaccine **5 months** after completing the series. For those who received the Johnson & Johnson (18+) vaccine, you may receive your booster of choice 2 months after getting your first dose.
- Weekly COVID-19 Cases Forecast for Williams County. Below is a graph with the projected number of COVID-19 . weekly cases for Williams County for the next four weeks. The red line shows the average of all models' projections, while the green line shows the projections from John Hopkins University. Historically, the John Hopkins University model has been accurate in predicting the trend in cases for Williams County. If the forecasted cases occur in the next 4 weeks, this will be 3x higher than anything we have experienced.



- For the next 4 weeks, it is important for Williams County residents to take additional precautions to reduce the impact of COVID-19 in our county. Use all tools available to protect yourself, your family & loved ones, and our medical system.
 - Get a COVID-19 vaccine. Find local sites here: <u>bit.ly/3K4gSRl</u>
 - Get a COVID-19 **booster** when you are eligible (<u>bit.ly/33vqWSw</u>).
 - Wear a **mask** over your nose and mouth that has multiple layers and fits snugly.
 - Get **tested** for COVID-19 if you were exposed to a positive case or have symptoms.
 - Stay home if sick, not feeling well, or exposed to a COVID-19 case.
 - Avoid crowded settings, especially indoor.
 - **Reduce in-person gatherings** or require masks and distancing if gathering.
 - Increase **ventilation** when meeting with others indoors and wear a mask.
- The CDC updated COVID-19 isolation (positive case) and quarantine (exposed to positive case) guidance. Please use the following guidance if you test positive or are exposed to a positive case.

DO I NEED TO ISOLATE OR QUARANTINE?

If you are a positive case or have been exposed to a COVID-19 case, it is extremely important to follow these guidelines.



COVID-19 Positive

If you have tested positive for COVID-19, stay home and separate yourself from others. You can end isolation by meeting <u>ALL</u> of the following requirements.

If you have symptoms:

- 1. It has been at least 5 days since symptoms first appeared.
- 2. It has been at least 24 hours since your last fever and you have not used feverreducing medications and you do not have other active symptoms (diarrhea, vomiting).
- 3. Your symptoms have improved.
- 4. Continue to wear a mask for 5 additional days after returning to normal activities.

If you show no symptoms:

- 1. 5 days have passed since your positive test was taken.
- 2. <u>Continue to wear a mask for 5 additional days</u> after returning to normal activities.

COVID-19 Close Contact

You are considered a close contact to a COVID-19 case if you have been within 6 feet of the case for a cumulative total of 15 minutes or more in a 24-hour period.

If you are unvaccinated OR you have not gotten a booster dose when eligible, AND you have not had a positive COVID test in the past 3 months, stay home until you meet the following requirements:

• It has been at least 5 days since your last exposure to the positive case, and you are not experiencing symptoms. <u>Continue to wear a mask outside of your house for 5 additional days</u> after returning to normal activities and monitor yourself for symptoms.

If you were exposed to someone with COVID-19 and meet any of the following criteria you do <u>NOT</u> need to stay home. Instead, wear a mask for 10 days after your last exposure and get tested 5 days after the exposure. Monitor yourself for symptoms.

- You are fully vaccinated and boosted.
- You had COVID-19 within the previous 3 months, recovered, and remain without COVID-19 symptoms (ex. cough, shortness of breath).
- You are fully vaccinated, but not eligible for a COVID-19 booster.

Updated 1/12/2022

REMINDERS:

It is critical to identify who has been close to a case to limit the spread of the virus & keep the community safe. If you test positive, create a list of people (& contact info) who have been close to you starting 2 days before you had symptoms until now or 2 days before you tested positive if you have no symptoms. Inform those on your contact list that you have tested positive for COVID-19 so they can begin to quarantine if needed. Contact your health care provider and seek care if needed.

