

Williams County Health Department

Main Office

310 Lincoln Ave.
Montpelier, OH 43543
Phone: (419) 485-3141
Fax: (419) 485-5420



WIC Satellite Office

1399 E. High St.
Bryan, OH 43506
Phone: (419) 636-8754

www.williamscountyhealth.org

Older Drivers "CarFit" for Safe Driving

Older drivers often get a bad rap for being a menace on the road, but data about their safe driving practices reveals quite the contrary.

According to a recent survey from AAA, AARP and the American Occupational Therapy Association, nine in 10 older drivers fasten their seat belts when they get behind the wheel and more than a third have taken driver improvement courses.

Williams County seniors can follow the lead of more than 30,000 older drivers from around the country who've participated in *CarFit*, a safety program that runs vehicle owners and their cars through a 12-point checklist to assess the fit of a driver's car for safety settings. Created through a partnership between AAA, AARP and the American Occupational Therapy Association (AOTA), *CarFit* helps promote conversations between older drivers and their families about driving safety and help seniors improve the "fit" of their vehicles.

Williams County Safe Communities Coalition invites you to join us at the next *CarFit* event being held on **October 12, 2023, from 1:00 p.m. – 3:00p.m., at Veterans Memorial Building Parking Lot, next to the Williams County Fairgrounds, Montpelier, Ohio.**

At the event, you'll be able to talk first-hand with trained technicians who will help senior drivers with the comfort and safety settings in their car including:

- A clear line-of-sight over the steering wheel.
- Adequate space between the front air bag/steering wheel and the driver's breastbone; properly adjusted head restraints.
- Proper positioning on gas and brake pedals.
- Proper seat belt use and fit, and safe positioning of mirrors to minimize blind spots.

If you'd like to schedule for the *CarFit* event, call the Williams County Health Department at 419-485-3141 ext 128 and leave a voice mail with your name and phone number. You will be contacted to schedule for our upcoming event. We will also be accepting drivers who arrive on the day of the event from 1:00 – 3:00 p.m. for the CarFit 12 – Point Check.

CarFit can help keep drivers safer behind the wheel.

Peg Buda
Health Education Specialist/Safe Communities Coordinator
Williams County Health Department
310 Lincoln Avenue
Montpelier, OH 43543
419-485-3141 ext. 128